

Hi Taylor

I just wanted to shoot you a quick e-mail to let you know that the residents here are really enjoying your fitness programs. I've received several comments of positive feedback on these programs. What an amazing opportunity for these folks to get the physical activity in their day without having to leave the community. Win-Win!

I wanted to also give you my feedback as the GM here. There are these two groups of people at Mountain Shadows. One group is very active, involved in community functions and seem to really be thriving in their golden years. Then there's the other group of people that tend to keep to themselves, aren't physically active and seem like they are just sitting around their houses waiting for the rest of their time to pass. Now there are definitely some people from the first group in your classes and that's great! BUT, I just love that there are also many people from that second group that are showing up and participating in your wonderful classes. It warms my heart to see the unexpected participation from that second group when I walk by classes in progress. Your program is truly a blessing to this community and we all hope that it continues for a long time to come! Thank you and everyone involved with the Silver Sneakers program for all you do!



Keep up the good work!

General Manager

Mountain Shadows RV Resort